



Annual Conference Northern Zone AICC RCOG

Multi Disciplinary Management for Best Care in Obstetrics & Gynaecology

29-31 August 2014, NEW DELHI

www.aicccognzindia.com



ULTRASOUND

UROLOGY

RHEUMATOLOGY

ONCOLOGY

ENDOCRINOLOGY

GASTROENTEROLOGY

RADIOLOGY

INTERNAL MEDICINE

NEPHROLOGY

PATHOLOGY

INVITATION



Dear Friends,

Enormous developments over the last few decades have completely transformed clinical practice, not just in Obstetrics & Gynaecology but in all medical specialties. A Multidisciplinary approach is not only recognized as the current standard of care, it is often necessary to provide the best management to the patient. However, there appears to be a lack of adequate knowledge sharing and optimum utilization of available scientific expertise. The annual conference of Northern Zone AICC RCOG (All India Coordinating Committee of the Royal College of Obstetricians & Gynaecologists UK) this year has been planned with the specific objective of addressing this very important issue.

The case discussion format of the conference will provide ample scope for lively interaction among participating renowned expert faculty from several specialties. The main emphasis will be on practical and cumulative application of all modern concepts and techniques to optimize clinical management. The face to face discussion based on evidence and latest recommendations will provide an excellent opportunity to clear all doubts and reach a consensus take home message.

We feel specially privileged to have Dr Philip Owen - Chair, RCOG Guidelines Committee UK, Maternal Fetal Medicine specialist join us to share his expertise and deliver key-note lectures and oration.

This conference offers a unique opportunity to all family practitioners, specialists and trainees in all medical branches to share, discuss and learn about the significant transformations in conventional approach. Every medical practitioner involved in women's health care is cordially invited to participate.

We have also planned four pre-conference workshops / CMEs for focused practical learning on selected topics. Each workshop will be conducted by a team of distinguished expert faculty members who are committed to provide in-depth learning and answer all your queries. The registration fee has been kept to a minimum to make it affordable for all, with a variety of options to select as per your interest.

On behalf of the organizing committee, we are delighted to invite you to join us. We are sure you will find this conference extremely informative and valuable to upgrade your expertise.

Looking forward to your active participation

With best wishes and regards



Dr Sohani Verma
ORGANIZING CHAIRPERSON



Dr Nirmala Agarwal
CO-CHAIRPERSON



Dr Mala Arora
ORGANIZING SECRETARIES



Dr Anita Kaul



Dr Anjila Aneja

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Conference Highlights

Annual Conference of RCOG North Zone India- leading the way through monthly Multi Disciplinary Team Meetings (MDTM) and now a multidisciplinary conference for the first time, to maximize standards in women's healthcare

International faculty Dr Philip Owen - Chair, RCOG Guidelines Committee UK. Maternal-Fetal Medicine Expert

More than 30 renowned experts from Non- OBGYN specialties will update on current clinical management and recent developments in their areas

Entire conference is planned in the form of clinical based discussions by Multi Disciplinary (MD) panel consisting of 3-4 eminent OBGYN & 3-5 Non-OBGYN experts on each topic

Who Should Attend

- ✓ Obstetricians & Gynaecologists - General and all Subspecialties
- ✓ OBGYN Post Graduate Students and other trainees
- ✓ All Family Practitioners
- ✓ Specialists in any medical branch involved in women's health care
- ✓ Trainees and Post Graduate Students in any medical specialty

Why You Should Attend

A unique opportunity to share, discuss and learn the major transformations in conventional approach to women's health issues

To learn the concept, scope & optimum application of multidisciplinary management for best care in OBGYN

To be aware of the expanding list of safe diagnostic & therapeutic options during pregnancy based on latest evidence & Recommendations

To combine the best and latest in all specialties to maximize standards in women's healthcare

To clear all doubts and controversies and have a consensus opinion to take home

Important Dates & Time Schedule

20 July 2014	Early Bird (Reduced Rate) Registration Deadline
20 August	Standard Rate Registration Deadline
29 & 30 August (8:30am 5:00pm)	Four Pre Conference Workshops
30 August 6:30pm onward	Annual Conference Inauguration (followed by Cultural Program & Welcome Dinner)
31 August (8:30am 5:30pm)	Annual Conference Scientific Program

ABOUT NORTHERN ZONE AICC RCOG....

Past Chairpersons



Dr S K Bhandari
(1987-1992)



Dr Sheila Mehra
(1992-1997)



Dr Sarla Gopalan
(1997-2002)



Dr Urmil Sharma
(2002-2007)



Dr Urvashi Prasad Jha
(2007-2012)

Chairperson

Dr Sohani Verma

Patrons

All Past Chairpersons
Dr Mohinder Kochar
Dr R P Soonawala
Dr Sanjeev Sharma (UK)
Dr Prabha Sinha (UK)
Dr Prathap C Reddy
Dr Ashok Chauhan

Fellow Representatives

Dr Nirmala Agrawal (Vice Chairperson)
Dr Mala Arora (Hon. Secretary)
Dr Anita Kaul (Treasurer)

Web Editors

Dr Ranjana Sharma
Dr Arbinder Dang

Member Representatives

Dr Kaberi Banerjee
Dr Jasmin Chawla
Dr Arbinder Dang

Co-opted Members

Dr Sonal Bathla
Dr Anita Sabharwal

Regular activities conducted by RCOG North Zone India

I. Monthly Workshops / Meetings

1. Laparoscopy Workshop
2. Hysteroscopy Workshop
3. Vaginal Surgery Workshop
4. Multi Disciplinary Team Meetings (MDTM)

II. Twice a year courses

1. Enhanced Revision Program for MRCOG
Part II-Weekly online course over
15 weeks period
2. Written & OSCE Part II MRCOG Course
3. Basic Practical skills Course
4. MRCOG Part I Course

III. Yearly activities

1. Advanced Obstetrics Skills Workshop
2. High Risk Pregnancy Workshop
3. Annual Conference

For details please visit www.aicrcognzindia.com



PROGRAM OVERVIEW

Pre-Conference Workshops	Date	Time	Venue
COHS, IVF and ICSI- Conventional Protocols and Modifications in Challenging Cases	29 August, Friday	8:30am- 5:00pm	Indraprastha Apollo Hospitals
Live Workshop on Pelvic Floor Dysfunctions & Management	30 August, Saturday	8:00am- 4:00pm	Sant Parmanand Hospital
Fetal CTG, Ultrasound and Delivery Decisions	30 August, Saturday	9:00am-5:00pm	Indraprastha Apollo Hospitals
Male Infertility and IUI	30 August, Saturday	9:30am-5:00pm	Noble Hospital Faridabad

Annual Conference	Date	Time	Venue
Inauguration	30 August Saturday	6:30pm 8:00 pm	Auditorium, Indraprastha Apollo Hospitals, Delhi - Mathura Road New Delhi - 110 076 (Nearest Metro Station 'Jasola Apollo', on violet line)
Cultural Program	30 August Saturday	8:00pm 9:00 pm	
Welcome Dinner	30 August Saturday	9:00pm onwards	
Scientific Program	31 August Sunday	8:30am 5:30pm	

Annual Conference Northern Zone AICC RCOG

Theme - Multi Disciplinary Management for Best Care in Obstetrics & Gynaecology

31 August 2014, Auditorium, Indraprastha Apollo Hospitals

08:00am	<i>Registration</i>	
08:45-09:45am	Session 1	Endocrine Disorders in Obstetrics & Gynaecology
09:45- 10:15 am	Session 2	Oration - RCOG Guidelines development and implementation - Dr Philip Owen
10:15-11:00am	<i>Tea /Coffee Break</i>	
11:00-12:00pm	Session 3	Pregnancy with Connective Tissue Disorder /Renal disease
12:00- 12:50pm	Session 4	Key Note Lectures Fibroids and Laparoscopy: Science Versus Sensationalisation- Dr Urvashi P Jha Prevention of Preterm Birth - Dr Philip Owen Pelvic Floor Dysfunction & Urinary Incontinence
12:50-01:50pm	Session 5	
01:50-02:30pm	<i>Lunch Break</i>	
02:30- 03:30pm	Session 6	Vascular Malformations in Obstetrics
03:30-04:30pm	Session 7	Oncology Multidisciplinary Update
04:30-05:30pm	Session 8	Pregnancy with Gastrointestinal/ Hepatic disorders
05:30pm	<i>Vote of thanks</i>	

General Body Meeting (GBM)

North Zone AICC RCOG Members & Fellows

30 August Saturday 5:30pm - 6:30pm, Venue: Auditorium, Indraprastha Apollo Hospitals



ORGANIZING COMMITTEE

ORGANIZING CHAIRPERSON

Dr Sohani Verma (drsohaniverma@gmail.com/ 9810116623)

VICE CHAIRPERSON

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Dr S K Bhandari
Dr Sheila Mehra
Dr Mohinder Kochar
Dr R P Soonawala
Dr Sanjeev Sharma (UK)
Dr Prabha Sinha (UK)
Dr Prathap C Reddy
Dr Ashok Chauhan

Executive Committee

Dr Suneeta Mittal
Dr Kamal Buckshee
Dr S S Trivedi
Dr Alka Kriplani

Finance Committee

Dr Nirmala Agarwal
Dr Anjila Aneja
Dr Mala Arora

Inauguration Committee

Dr Anita Kaul
Dr Sweta Gupta
Dr Chanchal Singh

Registration

Dr Chanchal Singh
Dr Jasmine Chawla
Dr Meena Naik
Dr Jayasree Sunder

Advisor

Dr Urvashi P Jha (Chair AICC RCOG)

Scientific Committee

Dr Nirmala Agarwal
Dr Mala Arora
Dr Anjila Aneja
Dr Anita Kaul
Dr J B Sharma
Dr Saritha Shamsunder

Workshop Committee

Dr Kaberi Banerjee
Dr Sonal Bathla
Dr Seema Sharma

Souvenir & Abstract Book

Dr Arbinder Dang
Dr Sweta Gupta

Hall Management

Dr Arbinder Dang
Dr Sweta Gupta
Dr Mamta Dagar
Dr Mamta Mishra
Dr Jharna Behura

Web Editors

Dr Ranjana Sharma
Dr Arbinder Dang

Treasurer

Dr Anita Kaul

Joint secretaries

Dr Ranjana Sharma
Dr J B Sharma
Dr Asmita Rathore
Dr Saritha Shamsunder
Dr Kaberi Banerjee
Dr Arbinder Dang
Dr Dr Sweta Gupta
Dr Chanchal Singh

Scientific Exhibition

Dr Ranjana Sharma
Dr Jyoti Bhaskar
Dr Neema Sharma
Dr Ramandeep Kaur

Transport & accommodation

Dr J B Sharma
Dr Pakhee Agarwal

Food & Beverages

Dr Anita Kaul
Dr Pooja Thukral
Dr Anita Sabharwal



DR PHILIP OWEN

Chair, RCOG Guidelines Committee UK
Maternal Fetal Medicine Expert
Consultant Glasgow Hospital
Training Program Director for OBGYN, West Scotland Deanery

FACULTY*

DR PRABHA SINHA

Consultant Fetal Medicine UK

DR SANJEEV SHARMA

Consultant Obstetrics & Gynaecology and ART Specialist
Southport and Ormskirk NHS Trust Southport, UK

OBGYN Faculty

Dr Anita Sabharwal
Dr Anjila Aneja
Dr Anita Kaul
Dr Arbinder Dang
Dr Archana Verma
Dr Asmita Rathore
Dr Brig R K Sharma
Dr Chanchal Singh
Dr Chandan Dubey
Dr Deepika Dekka
Dr Geeta Chadha
Dr Gita Radhakrishnan
Dr Gouri Devi
Dr Harmeet Malhotra
Dr Harpreet Kaur Isher
Dr Ila Gupta
Dr Indrani Ganguli
Dr J B Sharma
Dr Jasmeet Monga
Dr Jasmine Chawla
Dr Jayasree Sundar
Dr Jharna Behura
Dr Jyoti Bali
Dr Jyoti Bhaskar
Dr K D Nayar
Dr Kamal Buckshee
Dr Kaberi Banerjee
Dr Kaushiki Dwivedi
Dr Kiran Popli Arora
Dr Kuldeep Jain
Dr Lalita Badhwar
Dr Leena Wadhwa
Dr Madhu Roy
Dr Mala Arora
Dr Mamta Dagar
Dr Mamta Mishra
Dr Manavita Mahajan
Dr Mangla Telang
Dr Manjusha
Dr Manju Puri
Dr Meena Naik
Dr Meenakshi T Sahu
Dr Mohinder Kochhar
Dr Monika Nagpal
Dr Neelam Suri

Dr Neema Sharma
Dr Neena Malhotra
Dr Neeta Singh
Dr Nirmala Agarwal
Dr Praveen Kumar
Dr P Changulani
Dr Pakhee Agarwal
Dr Pooja Thukral
Dr Preeti Rastogi
Dr Priti Arora Dhamija
Dr Priti Gupta
Dr Puneet Kochar
Dr Ramandeep Kaur
Dr Ranjana Sharma
Dr Rashmi Sharma
Dr Renu Tanwar
Dr Reva Tripathi
Dr Ritika Bhandari
Dr Ritu Jain
Dr S K Bhandari
Dr S S Trivedi
Dr Sandeep Talwar
Dr Saritha Shamsunder
Dr Seema Sharma
Dr Seema Thakur
Dr Shakti Bhan Khanna
Dr Sheila Mehra
Dr Sohani Verma
Dr Sonal Bathla
Dr Sonia Malik
Dr Sonu Agarwal
Dr Sudha Prasad
Dr Suneeta Mittal
Dr Surveen Ghuman
Dr Sushma Sinha
Dr Sweta Balani
Dr Sweta Gupta
Dr Tanya B Rohatgi
Dr Uma Pandey
Dr Uma Swain
Dr Urnil Sharma
Dr Urvashi P Jha
Dr Usha M Kumar
Dr Vijay Zutshi

Non OBGYN Faculty

Dr A S Arora (Invasive Radiology)
Dr Ajay Kumar (Gastroenterology)
Dr Amrit K Swain (Embryology)
Dr Anju Virmani (Paediatric Endocrinology)
Dr Anoop Gulati (Urology)
Dr Arun Prasad (General, Laparoscopy & Robotic Surgery)
Dr Ashok Khurana (Ultrasound)
Dr C M Batra (Endocrinology)
Dr Harsh Dua (Medical Oncology)
Dr Manisha Chakrovorti (Paediatric Cardiology)
Dr Manu Noatay (Cytopathology)
Dr N Subramanian (Urology)
Dr Nandini Vasudev (Pathology)
Dr Narendar Pal (Urology)
Dr Neeru Gera (Endocrinology)
Dr Nitin Ghonge (Radiology)
Dr Pinak Shrikhande (Critical care)
Dr R N Makroo (Transfusion Medicine)
Dr Rajiv Kumar (Urology)
Dr Ramesh Sarin (Surgical Oncology)
Dr Rohini Handa (Rheumatology)
Dr S J Gupta (Rheumatology)
Dr S K Agarwal (Internal Medicine)
Dr S K Wangnoo (Endocrinology)
Dr Sanjay Sikka (Gastroenterology)
Dr Sanjeev Jasuja (Nephrology)
Dr Saroja Balan (Neonatology)
Dr Suresh Rawat (Urology)
Dr Sushma Kaul (Neonatology)
Dr V K Aneja (Internal Medicine)
Dr V P Singh (Neurosurgery)
Dr Vidya Gupta (Neonatology)
Dr Vipin Arora (Urology)

* There may be minor changes in the scientific program and/or faculty. Please check www.aicrcognzindia.com for regular updates.



PRE-CONFERENCE WORKSHOPS

Workshop 1

COHS, IVF and ICSI Conventional Protocols and Modifications in Challenging Cases

Under Aegis of Indian Fertility Society

In association with Apollo's Assisted Reproduction Unit (IVF Department), Indraprastha Apollo Hospitals

Date: Friday, 29 August 2014
Time: 8:30 am to 5:00 pm
Venue: Auditorium, Indraprastha Apollo Hospitals, Delhi - Mathura Road, New Delhi, 110076
Convener: Dr Sohani Verma (drsohaniverma@gmail.com / 9810116623)
Co-Conveners: Dr Sushma Sinha (sinha_sushma@hotmail.com / 9810068543)
 Dr Sweta Gupta (swetagupta06@yahoo.com / 8130140007)

Objective : This workshop is aimed to provide practical updates on all aspects of IVF, ICSI & COHS used for these procedures. It will be beneficial to both - the beginners as well as the seasoned infertility practitioners. There will be plenty of opportunity to clear all doubts through informal interaction with most renowned expert faculty in this subspecialty.

Program:
 08:30am Registration
 08:45 - 9:00am Welcome & Introduction

Session 1

Chairpersons: Dr P Changulani, Dr Surveen Gumman, Dr Archana Verma
 09:00 - 09:15am Pre- IVF/ICSI Evaluation and Counseling of the couple- *Dr Sweta Gupta*
 09:15 - 09:30am Predictors of ovarian response to COHS - *Dr Sushma Sinha*
 09:30 - 09:45am Conventional COHS protocols (Agonist & Antagonist) for IVF/ICSI - *Dr Rashmi Sharma*
 09:45 - 10:00am *Audience Interaction*

Session 2

Chairpersons: Dr Sushma Sinha, Dr Neelam Suri, Dr Geeta Chadha
 10:00 - 10:15am Luteal Support in IVF cycles - *Dr Shweta Mittal*
 10:15 - 10:30am COHS Protocols in patients with Poor Ovarian Reserve- *Dr K D Nayar*
 10:30 - 10:45am Protocols and coordination between Oocyte donor and recipient cycle - *Dr Renu Tanwar*
 10:45 - 11:00am *Audience interaction*
 11:00 - 11:30am *Tea/Coffee Break*

Sessions 3

Chairpersons: Dr Sweta Gupta, Dr Harmeet Malhotra, Dr Rashmi Sharma
 11:30 - 11:45am Conventional IVF: Oocyte Retrieval and Embryo Transfer procedure - *Dr Sudha Prasad*
 11:45 - 12:00pm Modifications in Oocyte Retrieval and ET procedures for difficult cases - *Dr Sohani Verma*
 12:00 - 12:15pm Embryology aspects of IVF, ICSI and vitrification - *Dr Amrit K Swain*
 12:15 - 12:30pm *Audience interaction*

Pre-conference Workshops



Sessions 4

Chairpersons:

12:30 - 12:45pm

12:45 - 01:00pm

01:00 - 01:15pm

01:15 - 01:30pm

01:30 - 02:00pm

Dr Sanjeev Sharma (UK), Dr Kamal Buckshee, Dr K D Nayar

Recent advancements in embryology: IMSI, Assisted Hatching, Embryoscope Dr Brig. R K Sharma

Modifications in COHS Protocols for PCOS/Obese patients- *Dr Sonia Malik*

IVF in patients with Recurrent Endometriomas *Dr Kuldeep Jain*

Audience Interaction

Lunch Break

Session 5

Chairpersons:

02:00 - 02:15pm

02:15 - 02:30pm

02:30 - 02:45pm

02:45 - 03:00pm

Dr Shakti Bhan Khanna, Dr Lalita Badhwar, Dr Kiran Popli Arora

IVF in patients with Hydrosalpinx *Dr Kaberi Banerjee*

IVF in patients with large Myomas and Adenomyomas- *Dr Leena Wadhwa*

Is Hysteroscopy essential before IVF?- *Dr Ritu Jain*

Audience Interaction

Session 6

Chairpersons:

02:45 - 03:00pm

03:00 - 03:15pm

03:15 - 03:30pm

03:30 - 03:45pm

Dr Mangla Telang, Dr Mala Arora, Dr Sandeep Talwar

ART in HIV Positive patients- *Dr Ila Gupta*

IVF/ICSI in Cancer Patients - *Dr Tanya B Rohatgi*

Key Points of PCPNDT Act and ICMR Recommendations governing ART- *Dr Gouri Devi*

Audience Interaction

Session 7

03:45 - 04:45pm

Moderator:

Panelists :

04:45 - 05:00pm

Panel Discussion: ART Complications (OHSS, Multiple/Heterotopic pregnancy) - prediction, prevention & management

Dr Gita Radhakrishnan

Dr Mangla Telang, Dr Gouri Devi, Dr Mala Arora, Dr Sandeep Talwar, Dr Surveen Ghumman

Dr Puneet Kochhar, Dr Kiran Popli Arora

Concluding remarks and vote of thanks



Pre-conference Workshops

Workshop 2

Live Workshop on Pelvic Floor Dysfunction-Evidence Based Management

Date: Saturday, 30 August 2014
Time: 8:00 am to 4:00 pm
Venue: Auditorium, Sant Parmanand Hospital, 18 Sharnath Marg, Civil Lines, Delhi 110054
Convener: Dr Nirmala Agarwal (n.menoky@gmail.com/9811888732)

Co-Conveners: Dr Sonal Bathla (drsonalbathla11@gmail.com/ 9811444563)
Dr Arbinder Dang (arbidang@yahoo.co.in/ 9871356917)

Faculty: Dr Uma Swain, Dr Jasmine Chawla, Dr Sweta Balani, Dr Priti Arora Dhamija,
Dr Praveen Kumar

Introduction: The Department of Obstetrics and Gynaecology, Sant Parmanand Hospital is organizing a Comprehensive Live Workshop on Evidence Based Management of Pelvic Floor Dysfunction to enhance skills of practicing Gynaecologists, Urologists and Urogynaecologists.
Expert opinions from Senior Faculty will be telecasted.
Complete Lecture Notes will be provided to the registered delegates.

Program:

Live Surgeries/ Video

1. Surgeries for Pelvic Organ Prolapse
 - a. Fascial Repair
 - b. Sacrospinous fixation
 - c. Uterosacral Suspension
 - d. Bio-Sling
2. Surgeries for Nulliparous Prolapse
 - a. Manchester Repair
 - b. Hysteropexy
 - c. Abdominal suspension
3. Surgeries for Vault Prolapse
4. Surgical Management of Incontinence
 - a. Laparoscopic & Open Burch suspension
 - b. Miniarc Insertion
5. Surgeries for Urogenital Fistulae

Lectures

1. Anatomy of pelvic Floor & POPQ Classification
2. Medical Management of Incontinence
3. Evidence Based Surgical Management of POP
4. Urodynamics in Gynaecological Practice
5. Controversies around Mesh Usage



Pre-conference Workshops



Workshop 3

Male Infertility and IUI

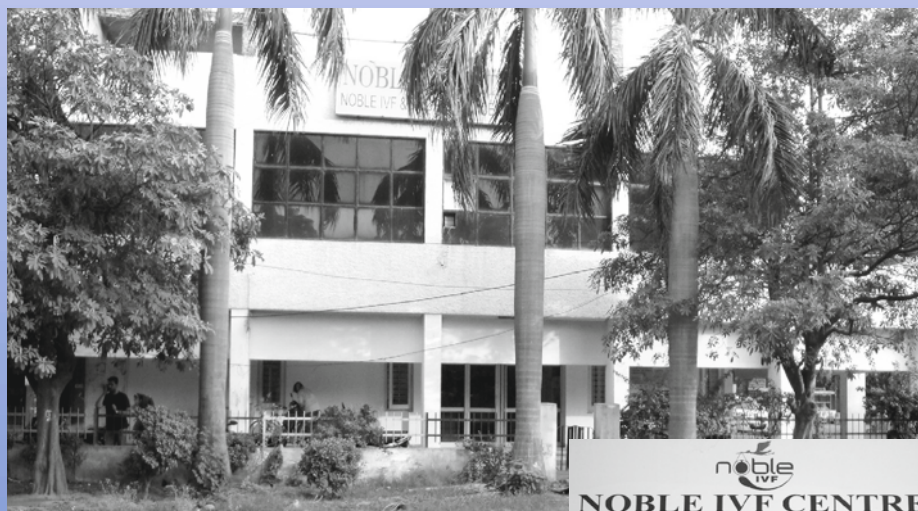
Date: Saturday, 30 August 2014
Time: 9:30 am to 5:30 pm
Venue: Noble IVF Centre, Sector 14 Market, Faridabad, Haryana
Convener: Dr Mala Arora (narindermala@gmail.com/9818676801)

Co-Conveners: Dr Kaberi Banerjee(banerjee.kaberi@gmail.com/9871096615)
Dr Sweta Gupta (swetagupta06@yahoo.com/8130140007)

Proposed Faculty: Dr Mangla Telang, Dr Abha Majumdar, Dr Nalini Mahajan, Dr Kuldeep Jain, Dr Sonia Malik, Brig Dr R K Sharma, Dr Gouri Devi, Dr Sudha Prasad, Dr Harishikesh Pai, Dr Neena Malhotra, Dr Sandeep Talwar , Dr Neeta Singh, Dr Gourav majumdar, Dr Sushma Sinha, Dr Seema Sharma, Dr Jharna Behura, Dr Jyoti Bali, Dr Pooja C Thukral, Dr Anoop Gulati, Dr N Subramanian, Dr Rajiv Kumar, Dr N Pal , Dr Usha M Kumar, Dr Meenakshi T Sahu, Dr Anita Sabharwal

Program:

09:30 - 10:00am	Registration and Welcome
10:00 - 10:30am	Semen Analysis WHO criteria and Implications
10:30 - 11:00am	Azoospermia- Workup and management
11:00 - 11:30am	Erectile Dysfunction and Non Consummation
11:30 - 12:00noon	Ejaculatory Dysfunction Premature & Retrograde Ejaculation
12:00 - 12:30pm	Infections of the male genital Tract and Role of DNA fragmentation Index
12:30 - 01:15pm	Panel Discussion on Medical management of male Infertility
01:15 - 02:00pm	LUNCH
02:00 - 02:30pm	Surgical procedures to enhance male Infertility Varicocelelectomy
02:30 - 03:15pm	Demonstration of Semen Preparation for IUI
03:15 - 03:45pm	Indications for ICSI and Video demonstration
03:45 - 04:15pm	IMSI and other procedures of Sperm Selection
04:15 - 05:00pm	Panel Discussion- Which treatment modality to use in patients with Oligo-Asthenoterato-Spermia (OATS)
05:00pm	High Tea



Pre-conference Workshops

Workshop 4

Fetal CTG, Ultrasound and Delivery Decisions

In association with Department of Fetal Medicine & Institute of Obstetrics & Gynaecology Indraprastha Apollo Hospitals Delhi



Date: Saturday, 30 August 2014

Time: 9:00 am to 5:00 pm

Venue: Auditorium, Indraprastha Apollo Hospitals, Mathura Road, New Delhi, 110076

Part A **Ultrasound and Delivery Decisions**

Convener: Dr Anita Kaul (anita_kaul@apollohospitals.com/9811100511)

Co-Convener: Dr Ashok Khurana (ashokkhurana@ashokkhurana.com/9811713643)

Part B **Fetal CTG**

Convener: Dr Chanchal Singh (chanchalsng@yahoo.com/9899092076)

Co-Convener: Dr Ranjana Sharma (rnj_sharma@yahoo.com/9810162431)

International faculty: Dr Philip Owen - Chair, RCOG Guidelines Committee UK, Maternal Fetal Medicine Expert
Dr Prabha Sinha Consultant Fetal Medicine (UK)

Program:

08.30-09.00am

Registration

Part A

Ultrasound and Delivery Decisions

Session 1

Chairpersons: Dr Vidya Gupta, Dr P Changulani, Dr Sushma Sinha, Dr Preeti Rastogi, Dr Geeta Chadha

09:00 - 9:20am Delivering too late risk of stillbirth in low risk pregnancy- *Dr Chanchal Singh*

09:20 - 9:40 am Delivering too early Neonatal outcomes- *Dr Sushma Kaul*

09:40 - 10:00am Audience Interaction

Session 2

Chairpersons: Dr Manvita Mahajan, Dr Saroja Balan, Dr Madhu Roy, Dr Seema Thakur

10:00 - 10:20am Monitoring and timing of delivery in FGR - <34 weeks; ≥34 weeks *Dr Deepika Deka*

10:20 - 10:40am Role of ultrasound and Dopplers in pregnancy with Diabetes- *Dr Ashok Khurana*

10:40 - 11:00am Audience Interaction

Session 3

Chairpersons: Dr S B Khanna, Dr Sohani Verma, Dr Witty Raina, Dr Chandan Dubey

11:00 - 11:20am Key Note Lecture: Prediction of Preterm labour *Dr Philip Owen (UK)*

11:20 - 11:40am PPROM role of ultrasound *Ritika Bhandari*

11:40 - 12:00am Audience Interaction

Session 4

Chairpersons: Dr Kamal Buckshee, Dr Kaushiki Dwivedi, Dr Uma Panday, Dr Manjusha, Dr Harmeet Malhotra,

12:00 - 12:20pm Ultrasound for previous caesarean scar *Dr Anita Kaul*

12:20 - 12:40pm Sono-partogram Role in Labour Ward management - *Dr Prabha Sinha (UK)*

12:40 - 01:00pm Audience Interaction

01:00 - 02:00pm *Lunch*

Part B

Fetal CTG

02:00 - 02:15pm

Overview

Dr Ranjana Sharma

02:15 - 02:30

Interpretation of abnormal features

Dr Jyoti Bhaskar

02:30-02:45pm

Pre-test Quiz

Dr Chanchal Singh

Breakout session

CTGs will be individually discussed at the tables and there will be an overall summary and key messages after each case by Dr Chanchal Singh

03:00 - 04:30pm

Facilitator Station 1 Dr Sonu Agarwal, Dr Astha Takkar

Facilitator Station 2 Dr Poonam Tara Thakur, Dr Harpreet Kaur Isher

Facilitator Station 3 Dr Mamta Mishra, Dr Jasmeet Monga

Facilitator Station 4 Dr Jayasree Sundar, Dr Monika Nagpal

04:00 - 04:30pm

Post workshop Quiz

04:30 - 05:00pm

Discussion and Feedback



Annual Conference Northern Zone AICC RCOG
In association with Indraprastha Apollo Hospitals, New Delhi

Multi Disciplinary Management for Best Care in Obstetrics & Gynaecology

Venue: Indraprastha Apollo Hospitals, Delhi - Mathura Road, New Delhi

INAUGURATION

Saturday, 30 August 2014

06:30 - 08:00 pm	-	Inauguration
08:00 - 09:00 pm	-	Cultural Program
09:00 pm Onwards	-	Welcome Dinner

SCIENTIFIC PROGRAM

Sunday , 31 August 2014

08:30 am - 05:30pm

OUTLINE

One hour each session of clinical case based discussion by the Multi Disciplinary (MD) panel consisting of 2-4 OBGYN and 3-5 Non OBGYN experts.

All answers and opinion will be based on latest evidence and recommendations.

Moderators will aim to cover all controversial issues and reach a consensus take home message.

The main emphasis will be on most updated knowledge sharing amongst all specialties and its cumulative practical application to optimize clinical management.

The audience will be provided question cards to pass on their questions to the moderators on stage. These will be answered by the MD panel during last 15 minutes of each session.

PLEASE NOTE

This will be an excellent and rare opportunity for all (both OBGYN and Non- OBGYN practitioners) to remove all confusion and doubts. The registered delegates even prior to the event, can email their questions on any topic to be addressed during the conference.

08:00 am **Registration**

08:45-09:45am Session 1: Endocrine Disorders in Obstetrics & Gynaecology

Case - I

A 38 year old lady with H/O primary infertility of 10 years duration on Metformin in view of FBS 115 mg /dl and HbA1C 6.7% since previous 3 months, conceived through IVF+ICSI treatment. Metformin changed to Insulin. Significant fetal growth restriction (FGR) throughout pregnancy. Elective LSCS at 37 weeks gestation. Baby wt 2.2kg.

Discussion issues and learning objectives

- Difference between overt diabetes and GDM and impact on management
- Therapeutic targets for blood glucose levels during pregnancy
- Choice of therapy - Metformin or Insulin or combination
- Advances in Insulin therapy

Case - II

A 28 year old lady attends for pre pregnancy counseling. Her serum TSH is reported as 4.2 IU (N 0.55-4.78), Free T4 and T3 level within normal limits.

Discussion issues and learning objectives

- Interpretation of this report - Normal or further tests and therapy indicated
- Global consensus on normal TSH levels before and during pregnancy in euthyroid and hypothyroid patients

Case – III

A 49 Year old lady 1 year postmenopausal complains of hot flushes, depression, insomnia, loss of libido and low bone density.

Discussion issues and learning objectives

- What should be the first line therapy - SSRI (anti-depressants) + bisphosphonates or HRT ?
- Latest evidence & recommendations
- Which drugs, why and for how long ?

Case – IV

A 9 year 6 months old girl had her first menstrual period recently. Anxious parents attend for counseling and request to postpone her menses for at least next 2 years. All routine investigations came as normal.

Discussion issues and learning objectives

- What is the normal age for menarche in Indian girls?
- Implications of precocious puberty
- Confirmatory tests
- GnRH analogue treatment – dosage, duration, side effects
- Combined use of Growth Hormone

Case –V

The parents of a 15 year old girl attend OPD. She has not attained her menarche and there is absence of breast development and other secondary sex characteristics.

Discussion issues and. learning objectives

- Relevant tests to assess the pathophysiology
- Induction of puberty using sex steroids
 - Timing of the initiation of oestrogen, dosage and duration
 - Unopposed oestrogen or combined with progesterone or sequential
 - Maintenance therapy
 - Growth hormone treatment

Moderators

Dr Sohani Verma

Dr Sweta Gupta

Panelists

Dr S K Wangnoo
Endocrinology

Dr C M Batra
Endocrinology

Dr S K Agarwal
Internal Medicine

Dr Neeru Gera
Endocrinology

Dr Anju Virmani
Paediatric Endocrinology

Dr Indrani Ganguli

Dr Reva Tripathi

Dr Anjila Aneja

Dr Sanjeev Sharma (UK)

09:45-10.15am Session 2: Oration

Chairpersons: Dr Urmil Sharma, Dr S K Bhandari, Dr Kamal Buckshee
- RCOG Guidelines development and implementation
Dr Philip Owen
(Chair, RCOG Guidelines Committee UK, Maternal-Fetal Medicine Expert)

10:15-11:00am Tea /Coffee Break

11:00-12:00 pm Session 3: Connective tissue disorders and Renal disease

Case - I

42 year old primigravida (IVF conception), presents at 24 weeks gestation with Proteinuria +++ on dipstick test, oedema +++, BP 120/80

Discussion issues and learning objectives

- Current recommended tests to evaluate proteinuria in pregnancy
- Pathophysiology of Proteinuria and difference between Albuminuria and Proteinuria
- Differential diagnosis, prognosis and management

Case - II

29 year old primi gravida, known case of Lupus nephritis with early onset FGR

Discussion issues and learning objectives

- Impact of drugs commonly used in SLE
- Effect of disease on pregnancy and effect of pregnancy on disease
- Monitoring – what, when and how
- Pre-pregnancy counselling

Case - III

Sjögren's syndrome with fetal heart block – 36 year old Primi gravida, Known case of Sjögren's syndrome, DCDA twin pregnancy with fetal heart block

Discussion issues and learning objectives

- What investigation should be done in patients with Sjögren's Syndrome?
- Effect of disease on pregnancy and effect of pregnancy on Disease
- Management once fetal heart block is identified
- Role of fetal therapy in Fetal heart block

12:00-12:50pm Session 4: Key Note Lectures

Chairpersons: Dr M Kochhar, Dr Sheila Mehra, Dr S B Khanna, Dr Meena Naik
12:00-12:20pm Fibroids and Laparoscopy: Science Versus Sensationalisation
Dr Urvashi P Jha (Chair AICC RCOG)
12:20-12:40pm Prevention of preterm birth
Dr Philip Owen (Chair, RCOG Guidelines Committee UK, Maternal - Fetal Medicine Expert)
12:40- 12:50pm Audience Interaction

12:50-01:50pm Session 5: Pelvic Floor Dysfunction & Urinary Incontinence

Case - I

Case of procidentia with no urinary complaints

Discussion issues and learning objectives

- POPQ classification
- Options for treatment
- Preventive modalities for future Failure of surgery

Case –II

Case of vault prolapse after abdominal hysterectomy

Discussion issues and learning objectives

- POPQ staging of case
- Preventive surgical principles
- Best options of abdominal/laparoscopic sacral colposuspension versus vaginal sacrospinous fixation
- Judicious use of mesh- latest recommendations

Moderators

Dr Suneeta Mittal

Dr Mala Arora

Panelists

Dr Rohini Handa
Rheumatology

Dr S J Gupta
Rheumatology

Dr V K Aneja
Internal Medicine

Dr Sanjeev Jasuja
Nephrology

Dr Manisha Chakravarti
Paediatric Cardiology

Dr Chanchal Singh

Dr Sonal Bathla

Dr Poonam Tara

Moderators

Dr Nirmala Agarwal

Dr Arbinder Dang

Panelists

Dr N Subramanian
Urology

Dr Suresh Rawat
Urology

Dr Rajiv Kumar
Urology

Dr Vipin Arora
Urology

Dr J B Sharma

Dr Ranjana Sharma

Dr Uma Swain

Dr Uma Pandey

Case – III

Case of detrusor instability and stress urinary incontinence with cystocele / urethral diverticulum

Discussion issues and learning objectives

- Role of urodynamic studies
- Management dilemma

Case - IV

Case of stress urinary incontinence

Discussion issues and learning objectives

- Best management options: tension free tape, colposuspension & urethral bulking agents

01:50-02:30pm Lunch Break

02:30-03:30 pm Session 6: Vascular Malformations in Obstetrics

Case - I

31 year old 25 weeks of pregnancy admitted with sudden onset headache, vomiting and loss of consciousness with normal BP who then required ventilatory support.

Discussion issues and learning objectives

- Differentiation between severe pre-eclampsia, epilepsy, thromboembolism and cerebral haemorrhage
- How to manage an unconscious pregnant patient
- Basic principles of critical care management

Case – II

A 26 year second gravida was diagnosed with Cesarean scar pregnancy at 6 weeks and was advised termination. She declined and pregnancy continued. Later diagnosed to have placenta praevia. Elective LSCS performed at 37 weeks when found to have a morbidly adherent placenta. Had cardiac arrest on table. 40 units of blood were transfused. Both mother and baby survived.

Discussion issues and learning objectives

- How to diagnose cesarean scar pregnancy
- How to diagnose a morbidly adherent placenta
- How to plan delivery in a patient with a morbidly adherent placenta versus one with a non-adherent placenta praevia
- Use of different blood products

Case - III

31 year old with a 29 week pregnancy with a AV malformation in the fetal brain which needed a multidisciplinary team for further management

Discussion issues and learning objectives

- The Law and late termination of pregnancy
- Safety of Colour Doppler, Power Doppler and MRI imaging in Pregnancy
- Outcomes of antenatal brain malformation in the fetus

03:30- 04:30 pm Session 7: Oncology Multidisciplinary Update

Case - I

A 30 year old lady coming with a cervical screening report-HPV positive

Discussion issues and learning objectives

- Role of HPV testing for Cervical Cancer Screening
- What does a positive HPV test result mean?
- Step wise approach

Case - II

A 25 year old lady with a solid ovarian mass

Discussion issues and learning objectives

- D/D of an adnexal mass in a young patient
- Working up a patient with a solid adnexal mass
- Surgical staging-new FIGO guidelines
- Fertility issues in surgery & subsequent therapy

Moderators

Dr Anita Kaul

Dr Mamta Mishra

Panelists

Dr R N Makroo
Transfusion Medicine

Dr V P Singh
Neurosurgery

Dr Pinak Shrikhande
Critical Care

Dr A S Arora
Invasive Radiology

Dr S S Trivedi

Dr K Gujral

Dr Sushma Sinha

Dr Prabha Sinha (UK)

Moderators

Dr Saritha Shamsunder

Dr Pakhee Aggarwal

Panelists

Dr Ramesh Sarin
Surgical Oncology

Dr Harsh Dua
Medical Oncology

Dr Ashok Khurana
Ultrasound

Dr Nandini Vasdev
Pathology

Dr Manu Noatay
Cytopathology

Dr Urvashi P Jha

Dr Shakti Bhan Khanna

Dr Vijay Zutshi

Case - III

A 32 year old lady with a breast lump detected at 10 weeks of pregnancy

Discussion issues and learning objectives

- Differential diagnosis of a breast lump in pregnancy
- Management of a patient with a breast lump
- Role of surgery, chemotherapy in pregnancy

04:30-05:30pm Session 8: Pregnancy with Gastrointestinal/Hepatic disorders

Case - I

A primigravida with 8 weeks intrauterine singleton pregnancy presents with c/o severe nausea, loss of appetite and vomiting 7-8 times a day

Discussion issues and learning objectives

- Effective and safe management of nausea and vomiting of Pregnancy (NVP)
- Hyperemesis Gravidarum (HG) – Pathophysiology and principles of management

Case- II

33 year old primigravida attends at 35 weeks pregnancy c/o severe itching all over body for last one month, unable to sleep. SGOT 92 U/L, SGPT 232 U/L GGTP 90, ALP 722 (N-30 120). Patient on Tab Ursocol 300mg tds. At 36 weeks Total Bile Acid 48.16µmol/l (N 0 to 10.0)

Discussion issues and learning objectives

- Essential tests and differential diagnosis
- Management of Obstetric Cholestasis
 - Maternal monitoring and drugs for symptomatic relief
 - Fetal monitoring
- Total bile acid estimation (now available locally) – Normal range, Limitations, significance. Alternative tests
- Induction of labour (IOL) – Indications & timing

Case - III

29 year primigravida at 26 weeks pregnancy attends emergency with severe pain abdomen and vomiting since last 2 days

Discussion issues and learning objectives

- Non gynaecological causes of acute abdomen during pregnancy
- Safety of abdominal imaging tests during pregnancy
- GI Endoscopy during pregnancy – Indications & principles of benefit-to-risk ratio
- Laparoscopic or open GI surgery during pregnancy – Indications, safety and special precautions

Case - IV

22 year unbooked G2 P1L1 admitted at 34 weeks with H/O fever last 7 days, jaundice, anorexia, irritability, malaise, vomiting, abdominal pain, bleeding PV 6 Hours. Diagnosed as acute fulminant viral Hepatitis E

Discussion issues and learning objectives

- Differential diagnosis and management of Hepatitis E in Pregnancy
- Maternal and fetal risks and management

05.30pm Vote of thanks (followed by Tea)

Moderators

Dr Asmita Rathore

Dr Mamta Dagar

Panelists

Dr Arun Prasad
General, Laparoscopy &
Robotic Surgery

Dr Nitin Ghonge
Radiology

Dr Sanjay Sikka
Gastroenterology

Dr Ajay Kumar
Gastroenterology

Dr Manju Puri

Dr Jayasree Sundar

Dr Neema Sharma

Dr Ramandeep Kaur

REGISTRATION FEE & GUIDELINES

Online registration available, please visit www.aicccognzindia.com

EVENT	REDUCED RATE (EARLY BIRD) ON OR BEFORE 20 JULY	STANDARD RATE 21 JULY TO 20 AUGUST	LATE & SPOT REGISTRATION 21 AUGUST ONWARD
Conference PG Students	₹ 1124 ₹ 787	₹ 1349 ₹ 899	₹ 1686 ₹ 1124
Each Workshop PG Students	₹ 1124 ₹ 787	₹ 1349 899	₹ 1686 ₹ 1124
One Workshop with Conference (20% discount on Workshop Fee) PG Students	₹ 2023 ₹ 1416	₹ 2427 ₹ 1618	₹ 3034 ₹ 2023
Two Workshops with Conference (30 % discount on 2 Workshops total Fee) PG Students	₹ 2697 ₹ 1888	₹ 3236 ₹ 2158	₹ 4045 ₹ 2697

- Registration Fee is inclusive of 12.36 % service Tax.
- Registration fee includes attendance at selected workshop/conference and Inauguration Ceremony followed by Welcome Dinner.
- **PG Students must attach certificate from their HOD.**
- Attendance at Inauguration ceremony and welcome Dinner is complimentary but prior confirmation required.
- It is Important to mention the names of selected workshop in the registration request.
- **Registration is compulsory for all participants (delegates, faculty & PG Students).**
- Please make Cheque / Demand Draft in favour of "RCOG NZ 2012 PLUS" payable at New Delhi. Out station registrants must add Rs. 50.00 as bank charges.
- Payment can also be made through Electronic Bank transfer using bank account details given below-
Account Name : RCOG NZ 2012 PLUS
Account Number : 50762191028205
Bank Name & Address : Oriental Bank of Commerce- Extension Counter, Indraprastha Apollo Hospitals, Mathura Road, New Delhi-110076
IFSC Code : ORBC-0105076
Swift Code : ORBCINBBIBD
- **Cancellation Policy:** Request for cancellation must be accompanied by Acknowledgement letter of confirmed payment and must reach the secretariat before 16 August 2014. All refunds will be made only after the conference with deduction of 50% amount as handling charges.
- For assistance in booking your travel and/or accommodation, you may email your request to rakhi.sehgal@airborneholiday.com M.:8860634157/ anjali@airborneholiday.com, M.: 9811141641 (www.airborneholiday.com). However conference does not take the responsibility.
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We are happy to extend our support and very best wishes to the

Annual Conference of North Zone AICC RCOG

29 – 31 August 2014

Apollo Institutes of Obstetrics & Gynaecology

- Preventive healthcare
- Antenatal Care and Delivery
- High Risk Pregnancy care (backed up by Fetal Medicine and multidisciplinary experts advice)
- Painless Labour
- Conventional Gynaecology
- Laparoscopic and Hysteroscopic Surgeries
- Urogynaecology
- Robotic Surgery
- Gynecological Oncosurgery
- Apollo Assisted Reproduction (IVF) unit (AARU)
- Invasive Radiology
 - (i) Uterine Artery Embolization (UAE)
 - (ii) Uterine Artery Catheterization & Ballooning (for prevention and management of severe haemorrhage specially in cases of Placenta Praevia & Accreta)
- State of the art Neonatology Dept & NICU
- Blood Bank and ICU backup

Apollo Assisted Reproduction (IVF) Unit ("AARU")

Highlights

- Consistent 24X7X52 Services (No waiting for the batches)
- Internationally trained and experienced professional team
- Full time in house embryologist and lab services
- Backed up by urology, endocrinology, radiology, pathology, and all other medical specialties
- Individualized treatment protocols for best results
- Based on strict ethical and legal guidelines as per national and International recommendations
- Full patient involvement at each stage with complete transparency
- Own semen bank
- Cryopreservation services (vitrification)

AARU Services Available

- Ovulation induction /controlled ovarian stimulation
- Intrauterine Insemination(IUI) – husband / donor
- In Vitro Fertilization (IVF)
- Intra Cytoplasmic Sperm Injection (ICSI)
- Sperm retrieval techniques-TESA (Testicular sperm aspiration) And TESE (Testicular sperm extraction)
- Semen bank
- Donor oocyte program
- Donor embryo program
- Cryopreservation (vitrification)

Apollo Centre for Fetal Medicine (Accredited by Fetal Medicine Foundation, UK)

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Services available at ACFM:

1. Combined first trimester screening
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For details please visit website:
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