



Royal College of  
Obstetricians &  
Gynaecologists

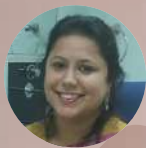
# AICC RCOG NZ ANNUAL CONFERENCE

## POST-CONGRESS WORKSHOP 2022 (PHYSICAL)

India North  
International Representative Committee



**DR. RANJANA SHARMA**  
CHAIRPERSON,  
AICC RCOG NZ



**DR. SHELLY ARORA**  
SECRETARY,  
AICC RCOG NZ

## ME-NO-PAUSE WORKSHOP

BE THE ONE TO HELP HER UN-PAUSE

**21<sup>ST</sup> AUGUST 2022**

**09:00 am - 01:00 pm**

Venue : Le Meridien Hotel, New Delhi



**DR ANJILA ANEJA**  
CONVENER



**DR JYOTI BHASKAR**  
CONVENER

### SESSION 1 - PANEL DISCUSSION

**09:00 - 10:00 AM**

### SEXUAL LIFE AFTER MENOPAUSE: IT GOES BEYOND GSM

Moderator:

**Dr Jyoti Bhaskar**

Panelists :

**Dr Malvika Sabharwal | Dr Chitra Setya  
Dr Ragini Agarwal | Dr Meenakshi Ahuja  
Dr Mithee Bhanot | Ms Kamna Chhibber**

### SESSION 2

**10:00 - 11:05 AM**

Chairpersons : **Dr Achla Batra | Dr Mala Srivastava | Dr Vandana Gupta**

**10:00 - 10:15 AM**

### POI

Speaker :

**Dr Anjila Aneja**

**10:15 - 10:30 AM**

### POSTMENOPAUSAL VULVA

Speaker :

**Dr Saritha Shamsunder**

**10:30 - 10:45 AM**

### OSTEOPOROSIS AND SACROPENIA : OUR APPROACH.

Speaker :

**Dr Neema Sharma**

**10:45 - 10:55 AM**

### QUESTION AND ANSWER

**10:55 - 11:05 AM**

### ZUMBA

### SESSION 3 - PANEL DISCUSSION

**11:05 - 12:00 PM**

### PERI MENOPAUSAL BLEEDING AND CONTRACEPTION

Moderator :

**Dr S. N Basu**

Panelists :

**Dr Madhu Ahuja | Dr Mamta Sahu  
Dr Dipti Nabh | Dr Sujata Bhat  
Dr Renu Lakhtakia | Dr Raka Guleria**

### SESSION 4 - WORKSTATIONS

**12:00 - 01:00 PM**

### PRE MHT ASSESSMENT

**Dr Mamta Sahu | Dr Renu Lakhtakia**

### MHT : KNOW THE DRUGS

**Dr Jyoti Bhaskar | Dr Mithee Bhanot**

### DILEMMAS IN MHT PRESCRIPTION

**Dr Anjila Aneja | Dr Kiranjeet Kaur**

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HEALTHCARE FOR WOMEN AND CHILDREN

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